

One associational study grouping had a total of 11 outcomes (short-term, intermediate, or long-term), including 7 positive, 0 negative, and 4 neutral associations.

Environment and Policy Indicators

Short-term Outcomes**

Intermediate Outcomes

Long-term Outcomes

Access to Healthy Foods
(e.g., increased fruit servings in after school snacks)

3 ⊕ 2 ⊗ 0 ⊖

Decreased Access to Unhealthy Foods
(e.g., decreased sugared soft drinks and snacks available in preschools)

4 ⊕ 2 ⊗ 0 ⊖

Better Nutrition

Consumption of healthy foods
3 ⊕ 2 ⊗ 0 ⊖

Decreased consumption of unhealthy foods
1 ⊕ 1 ⊗ 0 ⊖

Consumption of milk
3 ⊕ 1 ⊗ 0 ⊖

Less Overweight and Obesity
(No Studies)

Key:

- ⊕ Positive Association
- ⊗ No Association
- ⊖ Negative Association

*Childcare physical activity results can be found in the evidence map for "Childcare Physical Activity Policies and Environments."

**No short-term outcomes reflected in the peer-reviewed literature.